

CPR & First-Aid Training

Heartsaver Adult/Child CPR & First Aid

<u>Class</u>	<u>Date</u>	<u>Time</u>
Heartsaver First Aid	Monday, July 12, 2010	8:30 a.m. to 12:00 p.m.
Heartsaver First Aid	Monday, July 26, 2010	8:30 a.m. to 12:00 p.m.
BLS Health Provider	Monday, August 16, 2010	8:30 a.m. to 12:00 p.m.
Heartsaver First Aid	Monday, August 23, 2010	8:30 a.m. to 12:00 p.m.
Heartsaver First Aid	Friday, September 3, 2010	8:30 a.m. to 12:00 p.m.
Heartsaver First Aid	Monday, September 20, 2010	8:30 a.m. to 12:00 p.m.

All classes will be taught in the Fitness Building

Heartsaver First Aid includes: CPR, rescue breathing, choking, stop bleeding, burns, shock, poisoning, fractures, seizures, diabetic emergencies, and other life-threatening emergencies. The course is intended for general population.

BLS Health Provider includes: CPR, use an AED, and relieve choking in a safe, timely and effective manner. The course is intended for CNA's, nurses, doctors, and EMT's.

American Heart
Association 
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Cards \$5.25 and Books \$10.00
Check or Money Order Only – NO CASH PAYMENTS
Contact the Health Education Program
@ 208 478-3965 to Register

